

Canoe England North East Region BCU UKCC Level 1 Certificate in Coaching Paddlesport - Development Programme 2011

Many volunteers, club members, outdoor professionals and enthusiastic paddlers often request a package to take them all the way through the first stage of the BCU Coaching Awards Scheme. To cater for these requests we have put a complete package together for those of you who seeking to become coaches.

The Programme will take candidates all the way through to certification as a BCU UKCC Boat Based Level 1 Coach.

	Programme Phase	Details	Venue/Equipment
Days 1 to 4 4 th to 7 th August 2011	Personal Skills Training and Assessment	The pre-requisite for personal skills is the BCU 2 Star . However, you need to be an accomplished paddler to be able to perform all the critical rescues and coaching demonstrations. We will provide you with BCU Level 5 Quality Coaching to achieve this. http://www.canoe-england.org.uk/tests-i-awards/personal-performance-awards/paddlesport-start-i-1-to-3-star/	Likely to be Ellerton Park ¹ You will need to provide your own clothing and kit ² The £5 Certification Fee is not included.
Day 5 8 th August 2011	BCU Foundation Safety and Rescue Training (FSRT) Course	The FSRT Course is a pre-requisite for the Coaching Phase. This training will provide you with all the learning for your coaching award. A very wet day! http://www.canoe-england.org.uk/tests-i-awards/safety-training-courses/foundation-safety-and-rescue/	Likely to be Ellerton Park ¹ You will need to provide your own clothing and kit ²
Days 6 to 9 15 th to 18 th August 2011	BCU UKCC Level 1 Certificate in Coaching Paddlesport	4 Day Training and Assessment in how to coach a wide range of Paddlesport Craft. http://www.canoe-england.org.uk/tests-i-awards/coaching-qualifications-courses/bcu-i-ukcc-level-1/	Adventure Sunderland. All equipment will be provided for you at this multi-million pound facility ³

Cost: £350 per head

Funding:

If you are a **volunteer** in a club or similar organisation⁵ you can apply for the Canoe England North East Region 50% Bursary. If successful this will make the 9 days only £175.

¹ Ellerton Park <http://www.ellertonpark.com/> **Note** the launch fee is not included in the overall programme cost.

² Equipment is available to hire if necessary. Canoes will be provided free of charge, but you will need to bring a kayak, paddle, spray deck, clothing, footwear, etc

³ <http://www.marineactivitiescentre.co.uk/adventuresunderland/>

⁵ Canoe England NE Region clubs, Scout Troops, Cadets, etc. you must be a volunteer coach/assistant resident in the North East to qualify. <http://www.canoenortheast.org.uk/downloads/>

Pre-requisites:

- There are no pre-requisites for attending as all training and assessment is included.
- First Aid is not a pre-requisite for Level 1, but we wholeheartedly recommend you consider becoming first-aid trained.
- You will need to have access to your own clothing, kayak, etc for the first 5 days.
- You must register and join Canoe England (or Home Nation Association⁴). This cost is not included in the programme. Please make sure you have done this at least 2 weeks before the start of the programme.
- The Certification Fee for your 2 Star is not included in the cost of the programme.

Prior to Day 6 you must complete the following:

1. Safeguarding and Protecting Children and Vulnerable Adults Paddlesafe - New Online Child Protection Course <http://www.canoe-england.org.uk/news/paddlesafe-new-online-child-protection-course-available> . Alternatively, you can provide evidence of safeguarding training you have already completed.
2. The LTPD Test this is found in the menu on this page <http://www.canoe-england.org.uk/coaching/> . To register to complete this you will need to become a member.

To Book:

1. Ensure you are able to make all the dates.
2. Complete a Booking Form. These are available on request from kenhughescourses@aol.com
3. Register with Canoe England or your Home Nation.

Please Note:

The cost of the programme is fixed. Should you decide not to attend all of the days (Days 6 to 9 cannot be missed), you will not receive any discount. The programme offers excellent value (at just over £38 per day!) in comparison with commercially available courses.

Course Staff

All elements of the programme will be delivered by **BCU Level 5 Coaches** who are members of the APC⁶. This will all-but guarantee your training is the very best it can be.

⁴ Canoe Scotland, Canoe England, Canoe Wales, Canoe Assn N Ireland <http://www.canoe-england.org.uk/tests-i-awards/coaching-qualifications-courses/bcu-i-ukcc-level-1/>

⁶ APC <http://www.apcpaddlerscoaches.co.uk/index.php>