

Canoe England North East Region BCU UKCC Level 2 Certificate in Coaching Paddlesport - Development Programme 2011

Volunteers, club members, outdoor professionals and enthusiastic paddlers often request a package to take them from qualifying as a Level 1 to becoming a Level 2 Coach. We have a complete package which covers the Personal Skills, Training and Mentoring Phases of the Level 2. *Note; this does not include Assessment.*

	Programme Phase	Details	Venue/Equipment
Days 1 to 4 18 th to 21 st June 2011	Personal Skills Training and Assessment: 2 Days in Canoe and 2 Days in White Water Kayak	The pre-requisite for the Training Phase in personal skills is a BCU 3 Star . However, you need to be an accomplished paddler at 3 Star Level in the alternative discipline as well for Assessment. We will provide you with BCU Level 5 Quality Coaching to achieve this. http://www.canoe-england.org.uk/tests-i-awards/personal-performance-awards/paddlesport-start-i-1-to-3-star/ Even if you are already a 3 Star holder this will be valuable extra coaching.	Ellerton Park ¹ (for one day) and the River Tees You will need to provide your own clothing and kit ² The Star Award Certification Fees are not included.
Days 5 to 8 2 nd to 5 th July 2011	BCU UKCC Level 2 Certificate in Coaching Paddlesport Training	4 Day Training in how to coach a variety of Paddlesport Craft with a broad range of coaching strategies and skills. http://www.canoe-england.org.uk/tests-i-awards/coaching-qualifications-courses/bcu-i-ukcc-level-2/	Adventure Sunderland. All equipment will be provided for you at this multi-million pound facility ³
Days 9 and 10 11 th and 12 th July	Mentor Support Days	These days will provide you with the opportunity to gain further coaching experience and receive feedback. We will also offer you 2 mentor observations for your Assessment Portfolio. For some candidates these are hard to arrange.	To be decided.

Cost: £360 per head (that is only £36 per day). All phases of the programme will be delivered by BCU Level 5 Coaches.

Funding:

If you are a **volunteer** in a club or similar organisation⁵ you can apply for the Canoe England North East Region 50% Bursary.

¹ Ellerton Park <http://www.ellertonpark.com/> please note the launch fee is not included in the overall programme cost.

² Equipment is available to hire if necessary. Canoes will be provided free of charge, but you will need to bring a kayak, paddle, spray deck, clothing, footwear, etc

³ <http://www.marineactivitiescentre.co.uk/adventuresunderland/>

⁵ Canoe England NE Region Clubs, Scout Troops, Cadets, etc. you must be a volunteer coach/assistant resident in the North East to qualify. <http://www.canoenortheast.org.uk/downloads/>

Pre-requisites:

- Have completed the **BCU UKCC Level 1 Certificate in Coaching Paddlesport**.
- Note: although a **3 Star** is a pre-requisite for the Training Phase (days 5 to 8) you will need to explain to Canoe England it is included in the Programme.
- **Canoe and Kayak paddling experience**. You need to be at a very good 2 Star standard if you are to reach the 3 Star standard. Therefore, you will need to practice and get as much coaching as you can prior to the programme. Some rolling coaching would help your progress.
- First Aid is not a pre-requisite for Level 2 Training, but we wholeheartedly recommend you consider becoming first-aid trained. You will need a First Aid Award for Assessment.
- **Equipment**: You will need to have access to your own clothing, kayak, Canoe, etc for days 1 to 4 and 9 and 10. However, boats are available for hire if necessary.
- You must **register with Canoe England** (or Home Nation Association⁴) at Level 2 and be a **Member**. This cost is not included in the programme. Please make sure you have done this at least 2 weeks before the start of the programme.

Prior to Day 5 you must complete the following:

1. **Safeguarding and Protecting Children and Vulnerable Adults Paddlesafe - New Online Child Protection Course** <http://www.canoe-england.org.uk/news/paddlesafe-new-online-child-protection-course-available> . Alternatively, you can provide evidence of safeguarding training you have already completed.
2. The LTPD Test this is found in the menu on this page <http://www.canoe-england.org.uk/coaching/> . To register to complete this you will need to become a member.

To Book:

1. Ensure you are able to make all the dates.
2. Complete a Booking Form. These are available on request from kenhughescourses@aol.com
3. Register with Canoe England or your Home Nation using a CR Form.

Please Note:

The cost of the programme is fixed. Should you decide not to attend all of the days (Days 5 to 8 cannot be missed), you will not receive any discount. The programme offers excellent value in comparison with commercially available courses.

⁴ Canoe Scotland, Canoe England, Canoe Wales, Canoe Assn N Ireland <http://www.canoe-england.org.uk/tests-i-awards/coaching-qualifications-courses/bcu-i-ukcc-level-1/>